This information is confidential and can only be shared on a "need to know" basis.

Quick Reference Emergency Plan - Level III (UDCA)

for a Student with Diabetes

Hypoglycemia (Low Blood Sugar)

Student's Name:					
Grade/Teacher:	e/Teacher:Date of Plan:				
Emergency Contact Information:					
Mother/Guardian					
		Cell phone:			
Father/Guardian	<u>*</u>	<u>*</u>			
		Cell phone:			
Trained Diabetes personnel:					
Scheduled classroom snack:					
Is student self care? Ye					
	a student with suspected low blo	od sugar anywhere alone			
 Causes of Hypog Too much insulin Missed food Delayed food Too much or too int 	ense exercise	Onset Sudden			
Unscheduled exerci	se				
	Symptoms				
	V				
Mild •Hunger •Sweating •Shakiness •Drowsiness •Weakness •Personality change •Paleness •Unable to concentrate •Anxiety •Irritability •Dizziness •Other: circle student's usual symptoms	Moderate •Headache •Behavior change •Poor coordination •Able to swallow •Other: circle student's usual symptoms	Sess speech on circle student's usual symptoms			
Circle student's usual symptoms	tree statem s asaat symptoms				
	blood glucose, refer to Diabete OUBT, ALWAYS TREAT FO	es Management & Treatment Plan R HYPOGLYCEMIA			
+					
Mild / Moo Student may/may not treat s Provide quick sugar source: 3-4 glucose tablets, or 4 oz juice, or 6 oz. regular (not diet) so 3 teaspoons of glucose g Wait 10-15 minutes Recheck blood glucose Repeat quick sugar source if glucose is less than	elf oda, or el symptoms persist or blood (per Diabetes	 Call 911 Position on side, if possible Rub small amount of gel on student's gums Administer glucagon, as prescribed, per Diabetes Management & Treatment Plan Contact parent/guardian Contact school nurse Stay with student 			

Quick Reference Emergency Plan - Level III (UDCA)

for a Student with Diabetes

Hyperglycemia (High Blood Sugar)

Student's Name:			
Grade/Teacher:	er:Date of Plan:		
Emergency Contact Information:			
Mother/Guardian			
		Cell phone:	
Father/Guardian	_	_	
Home phone:			e•
Trained Diabetes Personnel:	_	_	. <u> </u>
Scheduled classroom snack:			
Is student self care? Y	esNo		¬
Causes of Hyp Too much Too little Decreased Illness/Int Stress	n food insulin d activity	• Over time-several hours or days	
	Symptoms		
Mild Thirst Frequent Urination Fatigue/sleepiness Increased hunger Blurred vision Stomach pains Flushing of skin Lack of concentration Other:	Moderate Mild symptoms plus: Dry mouth Nausea Stomach cramps Vomiting Sweet, fruity breath Other:	 Mild and plus: Labored be Very wead Confused Unconsci circle stude 	ak I
circle student's usual symptoms		Severe	▼
	<u> </u>	Call 911Don't attempt to give an	nything by mouth
 Mild/Moderate Check blood glucose Check urine for ketones Refer to Diabetes Management & Treatment Plan If within 30 min prior to lunch, administer correction dose according to Diabetes Management & Treatment Plan Allow free use of the bathroom Encourage student to drink water or sugar-free drinks If the student is self-care, allow student to check blood sugar and administer insulin as necessary 		 If unconscious, position on side, if possible Check blood glucose Refer to Diabetes Management & Treatment Plan If within 30 min prior to lunch, administer correction dose according to Diabetes Management & Treatment Plan Call parent/guardian and school nurse Keep calm and reassure other people nearby Stay with student 	